

| Fitness Testing 2016 | | | | | | | | | | | | | | | | |
|----------------------|----------|----|----------|----|---------|-----|---------|------|-------|-------|---------|----|--------|---|--------|---|
| Test | Curl Ups | | Pull-Ups | | Armhang | | Shuttle | | Mile | | S-Reach | | Height | | Weight | |
| Fall / Spring | F | S | F | S | F | S | F | S | F | S | F | S | F | S | F | S |
| Student | | | | | | | | | | | | | | | | |
| | 48 | 53 | 0 | 1 | 39 | 40 | 10 | 10 | 8:40 | 7:07 | 39 | 39 | | | | |
| | 50 | 54 | 0 | 0 | 48 | 50 | 10.12 | 9.69 | 9:05 | 7:20 | 37 | 38 | | | | |
| | 64 | 65 | 13 | 16 | 75 | 100 | 10.16 | 9.75 | 8:40 | 8:06 | 31 | 31 | | | | |
| | 50 | 47 | 0 | 0 | 29 | 29 | 9.91 | 9.48 | 9:38 | 8:46 | 41 | 42 | | | | |
| | 40 | 30 | 0 | 0 | 0 | 4 | 10.78 | 10.2 | 12:08 | 10:55 | 32 | 31 | | | | |
| | 60 | 60 | 0 | 1 | 30 | 67 | 10.6 | 10 | 10:03 | 7:45 | 28 | 31 | | | | |
| | NA | x | 0 | x | 0 | x | 14.81 | x | 21:00 | x | 20 | x | | | | |
| | 41 | 51 | 3 | 4 | NA | 31 | 9.97 | 9.4 | 8:39 | 7:00 | 23 | 23 | | | | |
| | 33 | 31 | 0 | 0 | 11 | 19 | 10.94 | 10.4 | 9:34 | 9:00 | 39 | 39 | | | | |
| | 31 | 32 | 0 | 0 | 0 | 0 | 16.28 | 14.2 | 14:19 | 12:48 | 34 | 34 | | | | |
| | 28 | 39 | 0 | 0 | 7 | 7 | NA | 10.7 | 10:35 | 11:24 | 22 | 26 | | | | |
| | 32 | 32 | 0 | 0 | 10 | 6 | 11.66 | 10.9 | 12:15 | 10:20 | 27 | 31 | | | | |
| | 42 | 50 | 0 | 0 | 8 | 13 | 11.56 | 9.54 | 10:41 | 9:43 | 17 | 20 | | | | |
| | 24 | 23 | 0 | 0 | 3 | 4 | 11.34 | 11.2 | 12:49 | 11:13 | 32 | 31 | | | | |
| | 38 | 35 | 0 | 0 | 0 | 0 | 12.34 | 11 | 13:54 | 13:27 | 22 | 22 | | | | |
| | 25 | 25 | 0 | 3 | 7 | 30 | NA | 10.6 | 13:23 | 9:43 | 27 | 26 | | | | |
| | 38 | 43 | 0 | 0 | 15 | 21 | 10.66 | 10 | 9:14 | 8:18 | 22 | 23 | | | | |
| | 39 | 53 | 1 | 0 | 37 | 20 | 10.6 | 10.5 | 8:55 | 8:20 | 21 | 20 | | | | |
| | 61 | 64 | 18 | 14 | 60 | 110 | 8.34 | 7.86 | 5:53 | 5:30 | 32 | 33 | | | | |
| | 70 | 71 | 18 | 19 | 85 | 94 | 9.28 | 8.69 | 6:03 | 5:50 | 35 | 33 | | | | |
| | 76 | 80 | 11 | 11 | 90 | 97 | 9.47 | 9.03 | 7:20 | 5:54 | 27 | 28 | | | | |
| | 55 | 77 | NA | 10 | 95 | 97 | 9.53 | 9.12 | 6:19 | 5:32 | 34 | 34 | | | | |
| | 53 | 55 | 2 | 3 | 14 | 18 | 9.65 | 9.28 | 8:50 | 7:56 | NA | 23 | | | | |
| | 34 | 35 | 0 | 0 | 7 | 10 | 10.75 | 10.4 | 9:47 | 9:10 | 44 | 44 | | | | |
| | 40 | 62 | 8 | 10 | 30 | 40 | 9.1 | 8.38 | 6:39 | 6:40 | 34 | 35 | | | | |
| | 54 | 50 | 10 | 14 | 60 | 75 | 10 | 9.09 | 8:40 | 6:16 | 31 | 26 | | | | |
| | 41 | 56 | 0 | 0 | 13 | 15 | 10.31 | 9.43 | 7:50 | 7:05 | 21 | 21 | | | | |
| | 52 | 41 | 2 | 2 | 60 | 62 | 11.66 | 10.8 | 10:06 | 8:15 | 28 | 30 | | | | |
| | NA | 34 | NA | 4 | NA | 40 | NA | 10 | NA | 8:52 | NA | 35 | | | | |
| | 25 | 52 | 4 | 4 | 15 | 21 | 14 | 9.63 | 12:35 | 9:07 | 12 | 17 | | | | |

| | | | | | | | | | | | | |
|----------------------------------|----|-------|----|-------|----|-------|-------|-------|-------|-------|----|-------|
| | NA | 45 | NA | 0 | NA | 0 | NA | 10.5 | NA | 12:09 | NA | 26 |
| | 40 | 44 | 0 | 0 | 5 | 22 | 12.06 | 11.9 | 9:25 | 8:59 | 32 | 34 |
| | 34 | 34 | 0 | 0 | 0 | 1 | 11.22 | 11.5 | 11:21 | 11:12 | 30 | 34 |
| | 37 | 38 | 0 | 0 | 4 | 5 | 11.35 | 10.9 | 10:10 | 9:59 | 35 | 35 |
| | 56 | 63 | 10 | 20 | 63 | 64 | 9.53 | 8.3 | 6:25 | 5:37 | 30 | 37 |
| | 58 | 54 | 3 | 3 | 22 | 23 | 9.82 | 9.64 | 8:14 | 8:30 | 29 | 28 |
| | 57 | 60 | 4 | 5 | 60 | 80 | 9.53 | 9.14 | 7:23 | 6:10 | 33 | 32 |
| | 32 | 44 | 0 | 0 | 3 | 5 | 11.87 | 10.9 | 12:26 | 10:31 | 34 | 34 |
| | NA | 70 | 1 | 16 | NA | 60 | 10.18 | 9.08 | NA | 7:38 | 29 | 30 |
| | 63 | 51 | 3 | 3 | 64 | 90 | 10.19 | 10.1 | 9:06 | 8:09 | 34 | 39 |
| | 35 | 46 | 0 | 0 | 6 | 6 | 11.19 | 10.1 | 12:45 | 10:07 | 37 | 38 |
| | 40 | 45 | 2 | 7 | 15 | 40 | 11.07 | 10 | 8:53 | 7:56 | 29 | 30 |
| | 61 | 60 | 2 | 3 | 40 | 41 | 9.63 | 9.38 | 7:41 | 6:47 | 30 | 30 |
| | 25 | 30 | 2 | 2 | 13 | 11 | NA | 10 | 10:32 | 9:04 | 28 | 29 |
| | 47 | 56 | 0 | 1 | 15 | 21 | 9.5 | 9.18 | 8:24 | 7:09 | 37 | 37 |
| | 42 | 49 | 4 | 9 | NA | 31 | 11.34 | 10.9 | 11:36 | 10:16 | 15 | 19 |
| | 35 | 40 | 0 | 0 | 15 | 14 | 13.84 | 11.3 | 12:30 | 11:30 | 28 | 29 |
| | 38 | 61 | 4 | 5 | 60 | 70 | 9.15 | 9.15 | 6:48 | 6:40 | 39 | 40 |
| | NA | 60 | NA | 6 | NA | 70 | 8.74 | 8.25 | 6:46 | 5:55 | 33 | 33 |
| | 55 | 51 | 2 | 5 | 21 | 40 | 9.78 | 9.43 | 8:24 | 7:47 | 35 | 35 |
| | 54 | 55 | 8 | 14 | NA | 80 | 9.78 | 9.32 | 8:25 | 7:06 | 30 | 30 |
| | 56 | 54 | 14 | 21 | NA | 67 | 9.81 | 8.96 | 7:07 | 6:02 | 43 | 43 |
| | 38 | 36 | 0 | 0 | 3 | 10 | 10.06 | 9.59 | 9:53 | 8:32 | 26 | 28 |
| 16 National Recipients | | | | | | | | | | | | |
| 6 Presidential Recipients | | 32/52 | | 20/52 | | 35/52 | | 45/52 | | 45/52 | | 24/52 |
| Improvement % | | 62% | | 38% | | 67% | | 87% | | 87% | | 46% |