

**PROPOSAL
to
Ravenna Public Schools**

STUDENT ASSISTANCE PROGRAM



March 7, 2023

Dear Angie,

Please accept the following proposal to provide Student Assistance Program services for Ravenna Public Schools. We appreciate the opportunity to submit our proposal for consideration.

The following information will provide a comprehensive overview regarding our program and how we are unique from other EAP's.

Wholeness Healing EAP has been providing EAP services through national network providers since 1998. Our foray into becoming a full-service provider evolved as we added more therapists, locations and even more holistic services. We believe this sets us apart and identifies us as a unique and progressive Employee Assistance Provider as we all move more and more into the wellness arena.

Thank you for the opportunity to provide the following proposal. Please contact our office at 308-382-5297, ext. 127, if you, or anyone from the review committee, has any questions or concerns.

Sincerely,

Misty Schaecher

Misty Schaecher
EAP Administrator



Background / History

The mission of Wholeness Healing Center is to bring solution-focused healing to people through working on their strengths, their personal values, and their systemic support while guiding them to reach their fullest and greatest potential. Although the focus is on the treatment of mental and emotional health, the higher level goal is for each individual to achieve a healthy, balanced and whole life.

The staff at Wholeness Healing Center believes that healing begins when clients walk through the door and begin to take the time to look at their own needs, strengths, and solutions for their life. Wholeness Healing Center therapists focus on the diversity and strengths within each individual person, working towards the evolvment of the clients' fullest and greatest potential.

We have been providing employee assistance counselling since 1998 and have serviced hundreds of individuals through their employee assistance programs at work. Because of our extensive work with so many corporate clients, small businesses and individuals, we created Wholeness Healing EAP increasing our presence in the marketplace. Through the combined experience of our staff, we represent one hundred fifty five years in providing employee assistance to hundreds of individuals and companies.

Wholeness Healing SAP is a benefit to students dealing with personal and/or family-related problems in a confidential manner. The primary goal of our SAP is to ensure the emotional, mental and physical well-being of students. Every now and then, a student may need help in dealing with a personal crisis or confronting challenges at school and/or home. This benefit is designed to assist students in providing professional help to manage life's challenges. Trained counselors are ready to assist students with working out troubled areas of life that impact student performance, personal health and/or their overall well-BEING.

Hours of Service

Our office hours are 8 AM – 5 PM, Monday through Friday. Evening hours are available and clients are often seen from 7 AM – 8 PM.

We provide 24 hour service, seven days a week for clients experiencing an emergency. We also understand the confidentiality associated with therapy services and provide separate entrances and exits at our facilities, if so desired by the client.



Access to Services

Your students will have access to our services through our four offices located in Grand Island, Kearney, Broken Bow and Ord. We also offer Telehealth services to make access services very convenient.

Mental Health

Whenever a student is in need of services, our office can be contacted at 308-382-5297 to speak to our intake coordinator to request EAP services and our staff will make arrangements. If it is an emergency, we will provide an emergency appointment or arrange for a counselor to speak to him/her immediately.

Delivering a premier level of service is our primary objective. To ensure this, we have developed a comprehensive, quality assurance program. We provide sessions for employees and their immediate family members to be used for the following (but not limited) services. Counseling

- Achieving life balance
- Stress and Anxiety
- Depression and Grief
- Health and Wellness
- Family and relationship issues
- Alcohol and Drug Abuse
- Post Traumatic Stress Disorder
- Anger Control
- Communication Skills
- Bullying
- Testing Anxiety
- School Anxiety

Our proposal includes:

<i>TRADITIONAL COUNSELING (Also offered via Telehealth)</i>	
2 Sessions (50 min) per incident up to 2 incidents per year	per student

Follow-up and Review

Wholeness Healing EAP will provide up to two follow-up phone contacts per client, per contract year, if deemed necessary by the therapist.



Reports

Regular consultation is provided with human resource management regarding the contract, the services being provided, feedback on consumer satisfaction and regular utilization reports. The quarterly utilization reports will include the following:

- Total number of client inquiries regarding EAP services
- Total number of clients (students) using EAP services
- Any other information mutually agreed upon.

Provider Qualifications

Wholeness Healing Center requires a high standard for those desiring to join our agency and network. All of our behavioral health therapists hold either a masters' degree in social work or mental health counseling. All therapists are licensed by the State of Nebraska and hold designations, Dr. of Psychology, (Ph.D.), Licensed Independent Clinical Social Worker (LICSW), Licensed Clinical Social Worker (LCSW), Licensed Independent Mental Health Practitioner (LIMHP), Licensed Mental Health Practitioner (LMHP), Provisional Licensed Mental Health Practitioner, (PLMHP), Licensed Drug and Alcohol Counselor (LDAC), or Provisional Licensed Drug and Alcohol Counselor (PLDAC).

Quality Assurance

Wholeness Healing EAP provides a quality assurance program that strives for excellence in client satisfaction. We provide feedback forms to the client to ensure we are meeting their needs. The data compiled from these forms allow Wholeness Healing EAP to continually modify and improve our program to meet the needs of our clients and customers.

Additional Services

Wholeness Healing EAP is unique from other providers. In addition to traditional mental health counseling, we offer two distinct and proven modalities:

- **Hypnotherapy:** Hypnosis has a 93% recovery rate after six sessions, making it one of the fastest and most efficient ways to address many issues. This intervention is comprised of inducing a participant into a relaxed, suggestible state, and then offering post-hypnotic suggestions for relief of symptoms. Hypnotherapy is the process of psychotherapy with a client who is in the hypnotic altered state of consciousness. (*Wellness Institute*)

Issues that can be addressed include the following:

- Addictions (alcohol, drugs, tobacco, sex, etc.)
- Eating Disorders
- Anxiety, Fears, Phobias
- Post-traumatic stress disorder (PTSD)
- Sexual abuse and incest
- Codependency
- Pain Control
- Stress-related illnesses
- Strengthening the mind/body connection

Wholeness Healing EAP provides ongoing groups in the areas of weight release (Trim-Life Program) and smoking cessation (Clean-Break).



Price Increases

Should utilization exceed 15%, the contract price will be renegotiated. (The national average for Utilization is approximately 7%.)

Termination of Contract

This agreement shall be for an annual term commencing upon the date set forth by Ravenna Public Schools. Either party may terminate this Agreement at any time upon sixty days' written notice prior to start of new contract year.

Pricing Structure

Wholeness Healing EAP believes in an all-inclusive model that doesn't separate face-to-face traditional mental health counseling from our holistic services, such as hypnotherapy.

The following is based upon 400 students. Your cost is \$7.00 per student per semester/ \$2,800.00 or \$700.00 per quarter. Price includes 2 sessions per student per incident for up to two incidents.

<i>TRADITIONAL COUNSELING</i>	
2 Sessions (50 min) per incident up to 2 incidents per year.	per student