



Arapahoe-Holbrook Public Schools
610 Walnut St.
Arapahoe, NE 68922

Arapahoe-Holbrook Public Schools Community:

Our district takes pride in supporting the needs of the whole child, to ensure that all children are safe, supported, engaged, and challenged each day as they walk into our building.

Research indicates that initiatives focused on improving aspects of students' well-being in schools—such as addressing childhood obesity, preventing bullying, supporting students mental health, and restricting schools' use of exclusionary discipline—have been found to be successful in improving student success, and academic excellence.

We have assessed our district wellness policy as part of the USDA requirements, and are pleased to inform our patrons that AHPS has a successful policy in place that is assisting us in the development of healthy students. The following page of this document contains more detailed information on our assessment results and the specific progress we have made

If you have any questions, please contact Superintendent Robert Drews at bob.drews@arapahoewarriors.org.

Respectfully,

Robert Drews

Arapahoe-Holbrook Public Schools



MEET OUR TEAM

Robert Drews, Rudy Perez, Ben Ellis,
Thersa Shearer, LeAndra Monie, Pam
Breinig, Preston Blackmore, Amy Huxoll,
Stef Hoefs, Kaitlin Spaulding



School Website:
www.arapahoewarriors.org



Contact Email:
bob.drews@arapahoewarriors.org

WELLNESS METRICS:

GOAL 1 - NUTRITION PROMOTION & EDUCATION



GOAL 2 - PHYSICAL ACTIVITY



GOAL 3 - PROMOTE STUDENT WELLNESS



TRIENNIAL WELLNESS ASSESSMENT RESULTS 2024

1. POLICY COMPLIANCE RESULTS

AHPS Alliance for Healthier Generation SWP RESULTS

- AHPS has met the policy requirements for school wellness.
- Board Policy 5052-School Wellness Policy can be found by using the following link:
 - [AHPS 5000 Series Board Policies](#)

2. WELLNESS POLICY GOALS

- Nutrition Education/Promotion
- Physical Activity
- Other goals for student wellbeing

KEY ACHIEVEMENTS:

- Aligned the local wellness policy goals with MTSS and School safety work plans.
- Completed the triennial assessment and shared results
- Utilized school health data to make informed decisions to support student wellbeing efforts