

Board of Education Wellness, American Civics,
Multicultural Committee
Tuesday, January 7, 2020, 6:00 PM
Lincoln Public Schools District Office 5905 O
Street Lincoln, NE 68510

1. Call to Order
2. New Business
 - 2.1. Introduction and Review of "Dots" Activity
 - 2.2. Discussion Points
 - 2.2.1. Concussion Management and Head Injury Prevention
 - 2.2.2. Fresh Fruit and Vegetable Program
 - 2.2.3. Adequate Time to Eat
 - 2.2.4. Standards-Based PE Curriculum
 - 2.2.5. Overall Wellness Program
 - 2.3. Closing
3. Standing Items
 - 3.1. Future Committee Meeting Dates
 - 3.2. Committee Meeting Minutes
4. Board Goals - SAS 3 & 4: Review the feasibility of increased physical education classroom time; Increase opportunities before, during, and after school for student activities that promote physical activity; expand partnerships with community resource providers; diversify mental health support to meet the complex needs of students in crisis. As resources permit, increase staffing to support mental health needs including social workers, school counselors, and school psychologists.
5. Policy/Legal Updates - None
6. Future Budget Considerations - Additional Wellness Program Supports
7. Follow-Up from Past Meetings - Focus on Data
8. Future Agenda Items - Begin New Three-Year Cycle
9. Committee Highlights/Board Report - Brief Highlight of Effective Programming
10. Request for Closed Session - No
11. Adjournment