

Safety/Wellness Committee meeting

Friday, March 13, 2026 7:30 AM

Palmer Schools, Conference Room

202 Commercial Street

Palmer, NE 68864

1. Call to Order

Meeting called to order at 7:36 a.m. with the following present: Jim Sake, Veronica Lane, Asia Trout, Carissa Valasek, Heather Shotkoski, Todd Weller, Tayma Rasmussen, Bill Gregoski, Sherise Loeffelbein, Kristin Reimers.

2. Approve minutes of December 19, 2025 meeting

Motion by Weller, second by Shotkoski to approve the minutes. All present vote aye.

3. Wellness

3.1. Review school wellness practices

Reviewed wellness practices in: School Meals, Physical Education, Essential Physical Activity Topics in Health Education, Recess (Elementary), Classroom Physical Activity Breaks (Elementary and Secondary), Active Academics.

4. Safety

4.1. Review safety training modules

638 SafeSchools training modules have been completed in the following by staff this year. Will assign training modules for next year prior to school starting.

Back Injury and Lifting

Bloodborne Pathogen Exposure Prevention

Bullying: Recognition and Response

Bus Behavior and Discipline

CIPA: Compliance with the Children's Internet Protection Act

Chemical Spills Overview

Classroom Safety

Customer Service Overview

Dating Violence: Identification and Prevention

Electrical Safety

Fire Extinguisher Safety

First Aid

Food Safety and Kitchen Sanitation

Food Service Equipment: Safe Use

General Safety Orientation

Health Emergencies: Life-Threatening Allergies

Ladder Safety

Material Safety Data Sheets

Medication Administration Basics

Personal Protective Equipment (PPE)

Playground Maintenance & Inspection

Playground Supervision

School Intruders
Slips, Trips and Falls
Title IX Compliance Overview
Youth Suicide: Awareness, Prevention and Postvention

4.2. Review accident reports

Reviewed eight accident reports: five recess, one PE, one FCS, one restroom door. Four returned to activity, four picked up by parent.

4.3. Review monthly internal safety inspection sheets

Noted new safety straps on basketball hoops in gym, rocks removed and new sand on playground volleyball court, outside building light out.

5. Other

6. Adjourn

Meeting adjourned at 7:49 a.m.

Board President

Board Secretary